

Unveil our innovative and exclusive wellness experiences,
specially created for Hotel Bel Ami.

BEL-AMI'S FUSION RITUAL - 75 min / 170 €

Unwind with a 15-minute sauna, followed by a 60-minute aromatherapy massage with warm towels. Swedish, Shiatsu and Reflexology techniques melt tension, promote circulation and boost energy.

KOBIDO FACELIFT - 60 min / 170 €

Kobido, a traditional Japanese face massage, combines rhythmic strokes, acupressure and reflexology for a revitalized, youthful glow. Improved circulation and reduced fine lines leave you feeling rejuvenated.

*** Avoid Kobido massage for 2 weeks after injectables (HA & Botox) or thread lifts, and for active acne, rosacea, or open wounds.

DEEP MUSCLE RELEASE (DEEP TISSUE) - 60 min / 150 €

Deep pressure melts chronic tension. Kneading and friction target knots. Expect increased flexibility, reduced inflammation and deep relaxation.

REVITALIZING FOOT RENEWAL - 60 min / 150 €

Revitalize your feet with a journey of firm yet gentle kneading, targeting the neglected arch. Expert rolling movements stimulate circulation, awakening tired feet and promoting relaxation.

BLISSFUL THAI BODYWORK - 60 min / 150 €

Through firm yet precise thumb and finger presses on specific acupoints, combined with gentle rocking and assisted yoga postures, this therapy enhances circulation, promotes relaxation and improves sleep.

EXTRA SERVICES

Yoga classes, sports coaching, beauty of hands and feet.

*These services must be booked 24 hours in advance.